



empowering women since 1881
Fargo-Moorhead (F-M) Affiliate

January 2020

American Association of University Women

Mission: To advance gender equity for women and girls through research, education, and advocacy.

President's Comments

Happy New Year! I hope you have all been able to enjoy the holiday season with friends and family. We're looking forward to an exciting and productive 2020 with AAUW.

January will bring at least two great events for our organization. We are planning to make "pussy" hats to be sold ahead of this year's Women's March on the 4th, and January 25th is our annual brunch. This year, our brunch speaker is Dr. Deb White, a professor of sociology at MSUM, and she will be giving a presentation on women as political actors and changemakers. I have known Deb personally for several years in her capacity as the coordinator of Northern Lights NEW Leadership program, and I can tell you from experience that this program will be insightful and inspiring. The brunch begins at 10 AM in Comstock Memorial Student Union at MSUM, and tickets are available through our Facebook page or at <https://bit.ly/39engDq>. I sincerely hope you will be able to join us for this wonderful event!



Also this month, I hope you will join our Book Club, which will be discussing *Doing Harm* by Maya Dusenbery. The AAUW Book Club will meet on Monday, January 27th at 7 PM at the Moorhead Public Library.

I look forward to seeing all of you soon,

Amanda Savitt

President-elect

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F-M AAUW Book Club 2020

All meetings are held at 7:00 p.m. at the Moorhead Public Library. Books will be available for purchase at a discount at Zandbroz, downtown Fargo.

January 27	Book: <i>Doing Harm: The Truth About How Bad Medicine and Lazy Science Leave Women Misdiagnosed and Sick</i> , Maya Dusenbery Discussion Leader: Verlaine Gullickson
February 24	Book: <i>Cherokee Rose</i> , Tiya Miles Discussion Leader: Lois Altenburg
March 23	Book: <i>The Inheritance: A Memoir of Genealogy, Paternity and Love</i> , Dani Shapiro Discussion Leader: Sandy Sidler
April 27	Book: <i>The Library Book</i> , Susan Orlean Discussion Leader: Noell Reinhiller
May 18	Selection of books for next year

Pussy Hat Fundraiser

We're going to be selling pussy hats at the FM Women's March to raise money for MN AAUW. This money would go towards scholarships or grants for projects that support women and girls.

Plan to spend Saturday, January 4, 2020 creating pussy hats as a fundraiser. Join fellow AAUW members at 10 AM in the back meeting room at Thunder Coffee.

Bring pink yarn and knitting needles or crochet hooks if you have them.



Don't know how to crochet or knit, or don't think you're good enough? We'll have patterns and people to help you learn.

If you want to get a head start, here are the patterns.

CROCHET PATTERN

by Kat Coyle

Yarn: Malabrigo Worsted in Shocking Pink (any shade of PINK will do) 1 skein (210 yds per 100 grams)

Hook: US H/ 5mm

Gauge: 14 hdc and 11 rows = 4" (hdc = Half Double Crochet)

Finished size: 21" circumference To fit: Medium

Pattern: Chain 2 at beginning of each round counts as 1 hdc.

Chain 74. Slip stitch to first chain to join for working in the round. Careful to not twist the chain.

Round 1: Chain 2, 1 hdc in each chain. Join with a slip stitch to the top of chain 2. Round 2: Chain 2, 1 hdc in each stitch. Join with a slip stitch to the top of chain 2. Repeat Round 2 until hat measures 8 3/4".

Flip hat inside out and slip stitch the top of the hat together. Weave in loose ends.

KNIT PATTERN #1

Knitted in the round

by Sarah Keller

Yarn, any shade of pink. 1 skein. Needle size depends on the type of yarn used.

dk (5.5 sts/inch on circular US 6) – 200 yards

worsted (4.5 sts/inch on circular US 8) – 150 yards

consider using circular US 6 for ribbing and circular US 7 for Stockinette stitch, casting on 92 stitches

bulky (3.5 sts/inch on US 10.5) – 115 yards

consider using circular US 8 for ribbing and circular US 9 for Stockinette stitch, casting on 72 stitches

superbulky (2.25 sts/inch on circular US 15) – 50 yards

Cast on 116 (100, 76, 48)sts. Place marker and join in the round, being careful not to twist.

Work in k2, p2 ribbing for 4.25".

Change to Stockinette stitch (k every row), and work until piece measures 8" from cast on edge.

Bind off all sts and seam, or better yet, turn work inside out and bind off using the 3-Needle Bind Off technique. Weave in ends and RAWR!

KNIT PATTERN #2

Knitted in a rectangle and seamed together

by Kat Coyle

Yarn: (210 yd per 100 grams), 1 skein any shade of PINK & any worsted weight yarn

Needles: US 8/ 5mm straight

Gauge: 18 sts and 23 rows = 4" in St st

Finished size: before seaming 11" wide and 17 1/4" long

Pattern:

To fit: medium/large

CO 50 sts. Leave a long tail for seaming.

Rib: K1 * k2, p2; rep from * end p1.

Work Rib for 4 1/4".

Work in Stockinette (knit right side rows, purl wrong side rows) until piece measures 13" from cast on edge. Begin Rib on right side row.

Rib: P1 * p2, k2; rep from * end k1.

Work Rib for 4 1/4". Piece measures 17 1/4" from cast on edge.

Bind off all stitches. Cut yarn leaving a long tail for seaming.

Fold hat in half and sew each side seam. Weave in loose ends.

Put on hat, and the cat ears will appear!

January Brunch Program

Women as Political Actors and Changemakers

Join the MSUM Women's Center and members of the FM AAUW January 25 for brunch and a talk by MSUM professor Dr. Deb White. Brunch will begin at 10 AM in Room 205, Comstock Memorial Union, MSUM.

Despite barriers to participating in politics and government, women in the United States have served as political actors and change agents throughout our country's history. They have employed various methods and strategies to gain access to the political sphere, including ones that reinforced racism, classism, heterosexism, and other systems of inequality. This talk will look back at women's political activism in the United States, with a particular focus on efforts leading to the passage of the 19th Amendment. Dr. White will draw connections with women's political activism today, and explore changes shaping women's future political engagement.



Open to all, tickets are \$17.00 per person in advance or \$20.00 at the door on the day of the event. Tickets on sale through Eventbrite or at <https://bit.ly/39engDq>.

Speaker background

Dr. Deborah White is a professor of sociology at Minnesota State University Moorhead and coordinator of NEW Leadership Northern Lights. Deb has worked extensively on issues related to women in leadership. Her dissertation, entitled "A Gender-Based Analysis of United States Congressional Elections" identified gender differences and similarities in factors affecting political candidates' electability. She was also a member of the International Leadership Project, which studied women and men political and business leaders in twenty-seven nations from Asia, Europe and North America. In 2002, the International Leadership Project was one of ten finalists in the Descartes Prize competition, given annually by the European Commission's Research Directorate General to reward scientific projects that involve transnational collaboration.

The knowledge she gained from her research on women's leadership motivated her to strive to increase women's representation in leadership roles. In Fall 2001 she founded NEW Leadership Northern Lights (formerly Tri-College NEW Leadership Development Institute). NEW Leadership Northern Lights has received honors including a 2008 YWCA of Cass-Clay Women of the Year Award for a Business or Organization that Empowers Women and in 2013 Deb was invited by the Obama administration to represent the program at the White House Conference on Girls' Leadership and Civic Engagement.

After working for over 15 years to support other women aspiring to serve as public leaders, Deb chose to seek a new role for herself as an elected official. In 2018 she was elected to serve on the Moorhead, Minnesota city council. She represents Moorhead's 3rd Ward.

Dr. White is a native of Vestal, New York and completed her doctoral studies at the University at Albany. She lives in Moorhead with her husband, Rob Kupec and their dog Ben. Their son Quinn is an undergraduate student at University of Maryland College Park.

Minnesota News

The December Pine <https://www.smores.com/zh6k2> is available on the Minnesota AAUW website and contains news about the planned one-day Minnesota annual meeting which will occur on Saturday, April 25, 2020. The meeting will be likely be streamed. More information will be upcoming.

The AAUW regional convention is planned for June 18-20 in East Moline, Illinois. Details are being posted on the AAUW Illinois website here: AAUW-il.aauw.net/state-convention.

2020 Program Schedule

January 25, 2020

Brunch: Women as Political Actors and Changemakers

Speakers: Deb White

Time: 10:00 a.m. to 11:30 a.m.

Location: Comstock Memorial Student Union, Room 205, MSUM, 615 14th St S, Moorhead, MN 56563

February 10, 2020

Learn and Plan:

Missing and Murdered Indigenous Women

Speaker: Anne LaFrinier-Ritchie

Time: 6:30 p.m. - networking
7:00 p.m. - program

Location: Renaissance Hall
650 NP Ave, Fargo, ND 58102

March 9, 2020

Action: Missing and Murdered Indigenous Women Event

Time: 7:00 p.m.

Location: Renaissance Hall
650 NP Ave, Fargo, ND 58102

April 13, 2020

Action: Pay Equity Event

Time: 7:00 p.m.

Location: Renaissance Hall
650 NP Ave, Fargo, ND 58102

May 2019

ND AAUW Annual Convention

Location: Fargo

F-M AAUW Affiliate Board Agenda

January 30, 2019 – 12:00-1:00 PM
Call (701) 551-1000 | Participant Code: 898-6721

AAUW Mission Statement: To advance gender equity for women and girls through research, education, and advocacy.

Call to Order and Welcome: President Alexa Ducioame

Approval of Agenda (additions, deletions, changes)

President's Comments:

Approval of Minutes: Secretary Amanda Savitt (as printed)

Financial Report: Finance Officer Deborah Nelson (as printed)

Continuing Business:

Nominating Committee – Secretary & Webmaster/Social Media

Program Planning

MN AAUW Grants (Jan. 15 deadline)

2020 State Convention

Used book sale update

MN AAUW fundraising

Jan events recap

Reform Fargo

New Business:

Membership: Kathleen Nelson & Bethany Reinhardt
Membership Folders – Alexa

Public Policy: Sandy Sidler

Bylaws: Verlaine Gullickson

Pay Equity: Evelyn Quigley

Announcements:

Adjournment

F-M AAUW Board Meeting Minutes

Date: December 19, 2019

Members present: Alexa Ducioame, Kathleen Nelson, Sandy Sidler, Verlaine Gullickson

President Alexa Ducioame called the meeting to order.

Two items were added to the agenda: AAUW regional convention and Reform Fargo. The agenda was approved as revised. A quorum was not present.

The November board minutes were filed as printed.

Financial Report: The financial report has been filed as printed. There is an ending balance of \$8,056.76. Scholarship money has not been paid out. Audit has been complete and recommendations by the auditor will be presented at a future meeting.

Continuing Business:

Nominating Committee: There were no updates on the nominating committee.

Program planning: The brunch will take place January 25, 2020 from 10-11:30 AM. at MSUM. The event has been announced on Facebook and tickets can be purchased via Eventbrite. Cost is \$17 in advance and \$20 at the door. Deadline for registration is January 17, 2020. Deb White will be the presenter. Alexa will offer options for registration in the January newsletter. The MMIW event is planned for February. Alexa will check with Susan Larson for follow up with Ann LaFrinier-Ritchie our speaker for the event.

MN AAUW grants: The deadline for applications has been extended to January 15, 2020 so we will not be notified until after this date about our application.

2020 ND State Convention: Planning will resume in February. Alexa received answers to our questions about finance and program from the ND state board which will be helpful in the planning.

Scholarship distribution: This has not been done. There needs to be further discussion at the January board meeting about the possibility of including Concordia in the distribution. This relates to the future of our fundraising efforts.

MN AAUW fundraising: Proceeds from the sale of pussy hats at the women's march in January will be forwarded to MN AAUW. Discussed a social event for January 4th to give members the opportunity to make additional hats for the fundraiser.

New Business:

AAUW regional conference: MN AAUW has sent out a survey about planning for the regional convention being planned for June 18-20, 2020 in Moline, IL. Kathleen will include information about the survey in the January newsletter and members are encouraged to respond.

Reform Fargo: This organization is looking for places to set up information tables ahead of the city elections in Fargo this summer. Citizens of Fargo will use approval voting beginning in 2020. Issue will be discussed at January board meeting with the possibility that tabling could be done at the April meeting.

Newsletter items due by December 28, 2019.

Membership: One renewing member, Kim Hammer, Fargo and one new member, Sara Nimis of Moorhead. Moorhead has 8 members, Fargo 21 members for a total of 29 members.

Public Policy: Impeachment vote on December 18. ND interim committees are meeting in the off year. Candidates are beginning to declare their candidacy for upcoming elections.

Bylaws: No changes

Pay Equity: Evelyn was not present.

The meeting was adjourned.

Kathleen Nelson

Acting Secretary

F-M AAUW Branch Financial Report

November 2019

Submitted by Deborah Nelson December 17, 2019

BEGINNING BALANCE: **\$9,855.58**

INCOME:

Membership:	Arlette Preston	\$82
BrainSTEM	Microsoft	\$2,500
	Aldevron	\$1,000

TOTAL INCOME: **\$3,582**

EXPENSES:

Insurance		\$190
Concordia	Food for BrainSTEM	\$4,055
Fargo Public Schools	Bus for BrainSTEM	\$1,136

TOTAL EXPENSES: **\$5,381**

ENDING BALANCE: **\$8,056.76**

BrainSTEM Account:

Income	\$9,750
Expenses	\$5,191
Balance	\$4,559

Book Sale Account:

Income Sales	\$2,430
Donation	\$50
Total	\$2,480

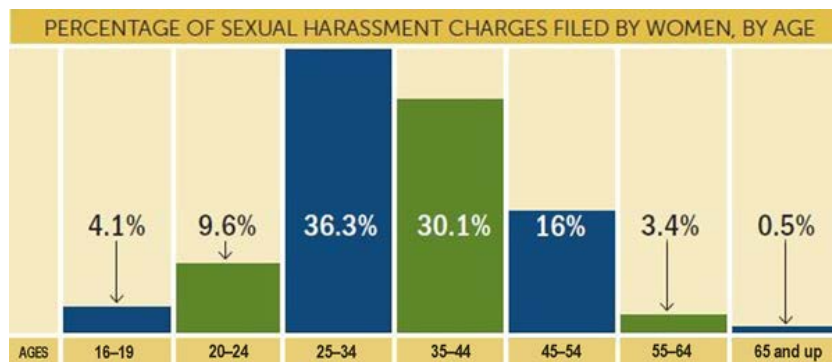
AAUW News and Notes

How Sexual Harassment Limits Our Livelihoods

[New research from AAUW](#) finds that workplace sexual harassment can take a toll on women's physical and mental health and reduce their lifetime earnings. The report is based on an AAUW analysis of Equal Employment Opportunity Commission (EEOC) data, a review of academic studies on sexual harassment and an exclusive nationwide survey of AAUW members and their networks.

It shows that the experience of sexual harassment is not often one that women can quickly put behind them. Rather, its impact continues to reverberate throughout their lives, increasing their risk of depression, post-traumatic stress disorder and other long-term health

problems. And that's not to mention the financial repercussions: In AAUW's survey of 311 women, 38 percent of women who'd been harassed said it contributed to their decision to leave a job early, and 37 percent said it disrupted their career advancement. The report includes harrowing stories like this one from Maria, 53: "I was working as an office manager in a small business, and the boss/owner was the one harassing me. There was no one else to report it to. I ended up quitting."



How the Pay Gap Affects Women in Retirement

Women are shortchanged on pay compared to men from the moment they enter the workforce. Sadly, the gap only grows over time, leaving women vulnerable long after they retire. AAUW's most recent update of [The Simple Truth research report](#) found that:

- Women collect only about 80 percent of what men do in Social Security benefits.
- Women's pension income is 76 percent of men's.
- Women's overall retirement income is 70 percent of men's.

Program Overview and Dates to Remember

AAUW F-M 2019-20

Location and Time Details on our website calendar or Facebook events

January	?	FM Women's March
	25	Brunch speaker: 100-year anniversary of 19 th amendment
	27	Book Club: <i>Doing Harm: The Truth About How Bad Medicine and Lazy Science Leave Women Misdiagnosed and Sick</i> , Maya Dusenbery
	30	Board Meeting Conference Call
February	10	Speaker: Missing and Murdered Indigenous Women
	24	Book Club: <i>Cherokee Rose</i> , Tiya Miles
	27	Board Meeting Conference Call
March	1	Dorothy Dodds (MSUM) & Grace Hudson (NDSU) Scholarship applications due
	9	Action: MMIW
	23	Book Club: <i>The Inheritance: A Memoir of Genealogy, Paternity, and Love</i> , Dani Shapiro
	26	Board Meeting Conference Call
April	13	Action: Pay Equity
	27	Book Club: <i>The Library Book</i> , Susan Orlean
	30	Board Meeting Conference Call
May	?	ND AAUW Annual Convention in Fargo
	18	Book Club: book selection for next year

Purple = Board (open to all) Green = Book club Blue = speaker (learn & plan) Red = Action

Interested in joining or have an announcement for the newsletter?

Contact us!

F-M AAUW ELECTED OFFICERS



Alexa Ducioame

President



Susan Helgeland

Immediate Past
President



Amanda Savitt

President-elect



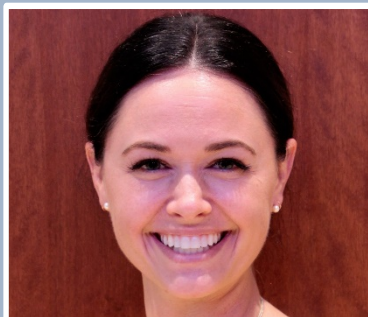
Deborah Nelson

Finance Officer



Kathleen Nelson

MN Membership



Bethany Reinhardt

ND Membership

WEB SITES

www.fargo-nd.aauw.net
www.facebook.com/FMAAUW
www.aauw.org

AAUW Fargo-Moorhead Branch

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