



empowering women since 1881  
**Fargo-Moorhead (F-M) Affiliate**

October 2019

## American Association of University Women

Mission: To advance gender equity for women and girls through research, education, and advocacy.

### President' Comments

Hi everyone! Amanda here, your president-elect, trying out my hand at writing the President's Comments. I'm looking forward to taking on some of the tasks of president and to giving Alexa a little break from tackling everything herself.

It's officially fall and our calendar is heating up as the days are getting cooler. So far this season, we've already had some terrific events, including our September program, *Reproductive Rights in America - A Historical Overview and Experiences of Women Pre-Roe* with presentations by members Alice Christianson and Susan Helgeland, tabling at Take Back the Night events at NDSU and MSUM, and Get Out the Vote events at the Moorhead Public Library. Later this month, we will be hosting two of our largest events of the year: our 61<sup>st</sup> annual Used Book Sale, and our 4<sup>th</sup> annual BrainSTEM event.

Our book sale chair Alice Christianson and the book sale committee have been hard at work organizing our largest fundraising event of the year. Book sale proceeds go to scholarships for women, including two local scholarships, the Grace Hudson Scholarship at NDSU, and the Dorothy Dodds Scholarship at MSUM. Start cleaning out your bookshelves now - the book sale is accepting donations October 20 - 24 during mall hours, and the book sale itself will be on October 25 and 26.

Also on October 25<sup>th</sup>, F-M AAUW is hosting the 4<sup>th</sup> annual BrainSTEM event. As a session leader in last year's BrainSTEM, I can tell you that it's an exciting opportunity for Ben Franklin Middle School's 7<sup>th</sup> grade class that opens students' eyes not only to new STEM fields, but also to the idea that members of underrepresented groups can be leaders in these fields. We're looking forward to another great event this year.

Cheers to an exciting and eventful October!

Amanda Savitt  
President-elect



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## North Dakota State Convention

North Dakota State Convention initial planning meeting will be held on Oct. 15 at the Fargo Public Library, Fercho conference room beginning at 7:00 p.m. Want to be a part of the planning but cannot attend this meeting? Contact Deb Nelson [deborahnelson86@gmail.com](mailto:deborahnelson86@gmail.com) or Kathleen Nelson [sween1948@yahoo.com](mailto:sween1948@yahoo.com) with your ideas.

## Interview Opportunity

Dr. Ashley Baggett, Professor of Women's History at NDSU, would like to invite F-M AAUW members to participate in student interviews. The purpose of the interviews is to help the students learn about lived experiences from those of us who experienced the Women's Movement from the '50s through the '80s.

I have done it more than once in the recent past and it is a great experience. The students come to us and at our convenience. If you are interested, please contact Dr. Ashley Baggett at [ashley.baggett@ndsu.edu](mailto:ashley.baggett@ndsu.edu). She will need your name, phone number and email address. Please participate and/or call or email me if you have any questions or need more information.

Susan Rae Helgeland, MS  
701-391-8824 (cell)

# Used Book Sale Fundraiser

*Funds Scholarships for Women*

The 61<sup>st</sup> Annual AAUW Used Book Sale will be held October 25 -26, 2019, at the Moorhead Center Mall.

Women hold almost two-thirds of student loan debt. Proceeds from our used book sale go to scholarships for women to help close that gap. We need your help to make this event a success. Donate your extra books and come buy some new books at a great deal.

Donations will be accepted starting October 20, and all members are



needed to help make this a successful sale. Alice Christianson is chairing the sale this year. Books can be dropped off outside the storefront near the east or City Hall entrance during mall hours. If you would like assistance unloading, volunteers will be at the mall sorting books during these times:

Sun 10/20	1:00 – 5:00 p.m.	mall hours Noon – 5:00 p.m.
Mon 10/21	1:00 – 5:00 p.m.	mall hours 10:00 a.m. – 9:00 p.m.
Tues 10/22	1:00 – 5:00 p.m.	mall hours 10:00 a.m. – 9:00 p.m.
Wed 10/23	1:00 – 5:00 p.m.	mall hours 10:00 a.m. – 9:00 p.m.
Thurs 10/24	1:00 – 5:00 p.m.	mall hours 10:00 a.m. – 9:00 p.m.

Please, no encyclopedias, magazines, textbooks or Reader’s Digest

While many of you have already signed up to work at the sale, volunteers are still needed from 3:00 p.m. to 7:00 p.m. on October 25 and 3:00 to 5:00 p.m. October 26. The work is fun and it’s an opportunity to get to know other AAUW members.

Sale hours are

Friday 10/25	9:00 a.m. – 9:00 p.m	
Saturday 10/26	9:00 a.m. – 5:00 p.m.	Bag sale 2:00 – 5:00 p.m.

Any questions or suggestions: contact Alice: [odinwan@me.com](mailto:odinwan@me.com)

# FM AAUW Affiliate Board Agenda

October 31, 2019 – 12:00-1:00 PM  
Call (701) 551-1000 | Participant Code: 898-6721

*AAUW Mission Statement: To advance gender equity for women and girls through research, education, and advocacy.*

**Call to Order and Welcome:** President Alexa Ducioame

**Approval of Agenda** (additions, deletions, changes)

**President's Comments:**

**Approval of Minutes:** Secretary Amanda Savitt (as printed)

**Financial Report:** Finance Officer Deborah Nelson (as printed)

**Continuing Business:**

Nominating Committee – Secretary & Webmaster/Social Media

Program Planning

Jeannette Rankin One Woman Show: [www.thornproductions.org](http://www.thornproductions.org)

61<sup>st</sup> Annual Book Sale recap

BrainSTEM recap

MN AAUW Grants

2020 State Convention

Scholarship Distribution

**New Business:**

MN AAUW fundraiser raffle

**Membership:** Kathleen Nelson & Bethany Reinhardt

Membership Folders – Alexa

**Public Policy:** Sandy Sidler

**Bylaws:** Verlaine Gullickson

**Pay Equity:** Evelyn Quigley

**Announcements:**

**Adjournment**

# F-M AAUW Board Meeting Minutes

Date: August 29, 2019

Present: Alexa Ducioame, Sandy Sidler, Kathleen Nelson, Verlaine Gullickson, Susan Helgeland, Alice Christianson, Bethany Reinhardt, Susan Larson, Nancy Johnson, Amanda Savitt

President Alexa Ducioame called the meeting to order.

The minutes from the May meeting and board meeting were approved as printed.

**Financial report:** Deb Nelson was not present. Our ending balance was \$1,170.58.

**Continuing Business:**

**Nominating committee:** Alexa will seek a student to fill the social media position. Susan Helgeland will continue looking for a secretary and is hoping Josie Danz will join and consider the position.

**MN AAUW grants:** Both grants have been submitted. We are looking at doing a WorkSmart event, and would use funding for BrainSTEM on October 25. We will find out if we received the grants in September. Alexa has also made contact with a former MSUM employee who may be able to access additional funding for us.

**Program survey:** Kathleen and Deb were not available to discuss the program survey, but it was decided we would continue the programming structure of 2018-2019 for another year.

**Program Planning:** We have topics for all events, and speakers for the fall events. Susan Larson welcomed comments on clarifying the specifics of the spring events. Bethany is taking a lead on our November meeting. The December meeting will focus on skills building rather than community engagement. Our programming will take place at Renaissance Hall and the doors will be opened at 6:30. Susan Larson will ensure that there is a computer available for PowerPoint presentations, as necessary. We will not meet in October, so we will have to make sure our members know.

**2020 State Convention:** We will have to have sign-ups for volunteers at our next meeting. We plan to host the convention in a hotel, and Alexa and Susan Helgeland expressed interest in the Radisson so that we could be downtown.

**New Business:**

**61<sup>st</sup> Annual Book Sale:** The date is set for the book sale. Donations will begin on October 20<sup>th</sup>, and the book sale will be Friday and Saturday. The book sale will run to mall closing. Cleanup will be on Sunday the 27<sup>th</sup>. We have chairs for sorting, selling and cleanup, and Amanda is helping with publicity. Amanda will help with interviews about the book sale. Alexa will begin promoting the book sale online, as well.

**BrainSTEM affiliate permission:** Alexa will update the form for accuracy. The form was approved. It was determined that the form does not need to be approved every year.

**Take Back the Night Rallies:** MSUM's event will take place on September 18 and NDSU's event will take place on October 2. Amanda will contact Dana at MSUM and the event page for NDSU to get AAUW a table at both events.

**Membership:** We do not have updates for membership.

**Public Policy:** Sandy does not have an update. Alexa mentioned a legal case regarding Title IX that Nancy will include in a newsletter.

**Bylaws:** Verlaine does not have an update.

**Pay Equity:** Evelyn was not on the call.

The meeting was adjourned.

**Amanda Savitt, Secretary**

## F-M AAUW Board Meeting Minutes

Date: September 26, 2019

Present: Alexa Ducioame, Deb Nelson, Kathleen Nelson, Bethany Reinhardt, Sandy Sidler, Evelyn Quigley, Alice Christianson, Susan Helgeland, Amanda Savitt

President Alexa Ducioame called the meeting to order and the agenda was approved as printed. The minutes from the August board meeting were approved as printed.

**Financial report:** Deb Nelson presented the financial report. We have \$1,300 in the bank. Our only expenses are the post box and insurance in October-November. Deb will send the proof of insurance to Alexa for the BrainSTEM event at Concordia. The report was filed as printed.

### **Continuing Business:**

**Nominating committee:** Susan has no candidates to report for secretary. Alexa will send a job description for our webmaster/social media to Dana. We will investigate giving credit for a student internship.

**Program survey:** Kathleen and Deb did not have comments on the program survey. There was low participation.

**Program Planning:** Bethany will be speaking in November about Time's Up and challenges for women in the workplace. Deb White has agreed to speak at our brunch in January about women's suffrage. We will need to give her a more specific topic to discuss, potentially the voting rights of non-white women. The January event will be on the 25<sup>th</sup> from 10-11:30. Susan Larson has December covered, and we have ideas for our MMIW event.

**Take Back the Night Rallies:** The MSUM event on September 18<sup>th</sup> went well. Amanda and potentially Alexa will attend the NDSU event on October 2<sup>nd</sup>. We will bring candy to the next event.

**61<sup>st</sup> Annual Book Sale:** Publicity is starting to roll out for the book sale. There are a number of open slots remaining for sorting and selling at the book sale. Alexa recommended inviting friends through Facebook. Sara has made some corrections to sorting hours.

**BrainSTEM:** The deadline for signing up for workshops is tomorrow. We should be getting the Minnesota AAUW grant. Microsoft has also been approved to give us \$2,000. We also got a Sanford grant for \$1,000. A number of other companies and foundations have also agreed or tentatively agreed to contribute funds for the event. We can use any extra money to contribute to next year's event.

**MN AAUW Grants:** We have received at least part of the \$2,500 Tech Savvy grant for BrainSTEM. We have not yet heard about the WorkSmart grant.

**2020 State Convention:** Deb has contacted the Radisson. We have looked at tentative dates for the first weekend in May. The Radisson is available. They need about \$2,000 of food and beverage purchased for that event. The facility fee is \$200. The room rates are \$119 per night. Other venues can be investigated. Kathleen has reserved a room on October 15<sup>th</sup> at 7:00 p.m. to help plan the convention. Alexa will send out a notice to the membership so they can participate in the planning. Alexa also suggested we could collaborate with another women's organization to help with the planning. The historical society could also help coordinate programming.

### **New Business:**

**Moorhead LWV Voter Forums & AAUW voting info table:** Minnesota is having a primary in March, and we will try to get out information about it. There are events on the 3<sup>rd</sup> and 10<sup>th</sup> of October at the Moorhead Public Library that we will participate in to provide information about the primary. We need someone to help with the event on the 10<sup>th</sup>. Alexa will send an informational email about this event with a calendar invitation if they express interest.

**Membership:** There are a number of people on our membership list who have not renewed. They will be contacted about renewals. We need to update our contact information for members. We have also run into a problem with people registering for national but not our affiliate. Alexa will make member folders.

**Public Policy:** There are some legislative committees that have been meeting. There has also been some movement on the ethics commission.

**Bylaws:** Verlaine was not on the call.

**Pay Equity:** Evelyn discussed meetings she and others have had about programming and other ideas. Grants for WorkSmart and our partnership with Heather at MSUM were also discussed.

**Announcements:** Susan Helgeland alerted the board to an opportunity for women who were politically active in the 1960s for Dr. Ashley Bagett. Several displays across our community commemorating women's suffrage were also noted.

The meeting was adjourned.

**Amanda Savitt, Secretary**

## Membership News

Students at MSUM, NDSU, Concordia or M State are eligible to a free AAUW membership because these institutions are college/university partners of AAUW. This is a national level membership. More information can be found at: [www.aauw.org/membership/college-university-partner](http://www.aauw.org/membership/college-university-partner)

Students are also invited to join our local and state affiliates. Dues for Minnesota residents is \$22 and North Dakota resident dues are \$23. Interested students can contact the FM affiliate at [farmoor.aauw@gmail.co](mailto:farmoor.aauw@gmail.co). Students are welcome and encouraged to attend our programs.

## Minnesota news

The latest issue of the Minnesota Pine was sent to members on Sept. 15. A couple of news items included information about 2020 conventions. The Minnesota State board will be discussing a 2020 mini State Convention of some kind. None of the local branches were willing or able to host or co-host a convention, but they hope to hold a convention in 2021.

Minnesota AAUW State leaders are helping to organize a regional convention, planned for June 18 and 19, 2020, in the Quad Cities area of Illinois and Iowa. Kim Churches will speak at this regional convention.

# September Program Minutes

Date: September 9, 2019  
Present: 25 members, speakers and guests

President Alexa Ducioame introduced AAUW.

Alice Christianson presented about the history of reproductive rights. The presentation described birth control practices and attitudes from ancient to modern times. Women have used birth control for virtually all of human history. Attitudes towards birth control tended to track with economic trends, such that when larger families became more economical, religious objections also became more prevalent.

Although the presentation described multiple forms of birth control, there was a particular focus on abortion. Abortion was legal until 1845 and prohibited in 1869. The Comstock Law in 1873 made all forms of birth control illegal. Over time, the legality of abortion has been disputed, but it was made legal in 1973 through *Roe v. Wade*.

Alice's presentation also discussed class and political elements of reproductive freedom.

Generally, affluent women have had greater access to birth control than poor women.

In terms of political acceptance of birth control, there was significant variation. Neo-Malthusians, the Voluntary Motherhood movement, suffragists, feminists, socialists and anarchists all had different views on abortion and birth control.

Race was also a factor in attitudes towards birth control. For example, when birth rates fell due to urbanization, the belief that having fewer children meant race suicide became more prevalent.

President Theodore Roosevelt himself condemned birth control for this reason.

As attitudes toward sexuality changed, so did attitudes about birth control. As sexual 'indulgences' became more socially permissible, birth control became more acceptable.



Susan Helgeland presented on her experiences with abortion pre-*Roe v. Wade*.

She described her first experience realizing women were not equal to men when trying to play high school basketball.

When she was pregnant for the third time in 1969, her physician told her she would likely die if she carried it to term. In order to get an abortion, she had to go to an ob/gyn at night, down a flight of stairs. The cost of the

procedure was to be \$800, a phenomenal amount of money at that time. A family member wrote her a check so she could have the abortion.

When she was checked in for the procedure, a psychologist forced her to say that she would commit suicide if she could not have the abortion.

Susan noted that, with the right resources, you could obtain an abortion, even before *Roe*.

Before this experience, it had never occurred to her that she would not have the ability to take care of her own body.

There was discussion with the audience about personal experiences, what AAUW can do to advance the rights of women's reproductive freedom, federal and state policy surrounding abortion and reproductive rights.

**Amanda Savitt, Secretary**



## AAUW In FOCUS



ECONOMIC  
SECURITY

### Our Two Cents on the New Pay Gap Data

Recently [the U.S. Census Bureau released new data](#) that tell an old story: Women still make 82 cents on the dollar compared to men, which is not statistically different from last year's data after accounting for a recent change in methodology. "Based on historic rates, the gap won't close for 75 years — until 2093. And that's just too long," says AAUW CEO Kim Churches. "It's time we all stand up and demand basic fairness."

### Native Women's Equal Pay Day

September 23, 2019, marks the day that the wages of American Indian and Alaska Native women catch up to the money white men were paid in 2018. It took about 21 months for these women to earn what white men were paid in 12 months alone — that's nine extra months. [Native Women's Equal Pay Day](#) is also an occasion to recognize the pay gap that Native Hawaiian and other Pacific Islander women face.



EDUCATION AND  
TRAINING

### Applications for 2020—21 Fellowships and Grants Now Open

Do you know any women pursuing postgraduate studies, furthering their careers or working on a program to benefit women and girls? Point them to [our fellowships and grants applications](#). Deadlines run from November to December.



LEADERSHIP

### Reach for the Stars — All 5 of Them!

AAUW recently launched a [Five-Star Recognition Program](#) to acknowledge the work of our states, branches and other affiliates to advance gender equity in their communities. Earn stars — and perks! — for supporting AAUW's mission in each of five vital areas: advancement, communications, programs, public policy and research, and governance and sustainability.

## 2019-20 Program Schedule

### October 25, 2019

Action: BrainSTEM for 7<sup>th</sup> Graders

Location: Concordia College

### October 25 - 26, 2019

Action: Book Sale

Time: Mall Hours

Location: Moorhead Center Mall

### November 12, 2019

Learn and Plan:

Challenges for Women in the  
Workplace

Speaker:

Time: 7:00 p.m.

Location: Renaissance Hall Room 214  
650 NP Ave, Fargo, ND 58102

### December 9, 2019

Action: Climate Change

Speaker: Tess Varner

Time: 7:00 p.m.

Location: Renaissance Hall Room 214  
650 NP Ave, Fargo, ND 58102

### January 25, 2020

Brunch:

Speakers: Deb White

Time: 10:00 a.m. to 11:30 a.m.

Location: MSUM, Comstock Memorial  
Student Union, Room 205,  
615 14<sup>th</sup> St S, Moorhead, MN  
56563

### February 10, 2020

Learn and Plan:

Missing and Murdered Indigenous  
Women

Speaker:

Time: 7:00 p.m.

Location: Renaissance Hall Room 214  
650 NP Ave, Fargo, ND 58102

### March 9, 2020

Action: Missing and Murdered Indigenous  
Women Activity

Time: 7:00 p.m.

Location: Renaissance Hall Room 214  
650 NP Ave, Fargo, ND 58102

### April 13, 2020

Action: Pay Equity Activity

Time: 7:00 p.m.

Location: Renaissance Hall Room 214  
650 NP Ave, Fargo, ND 58102

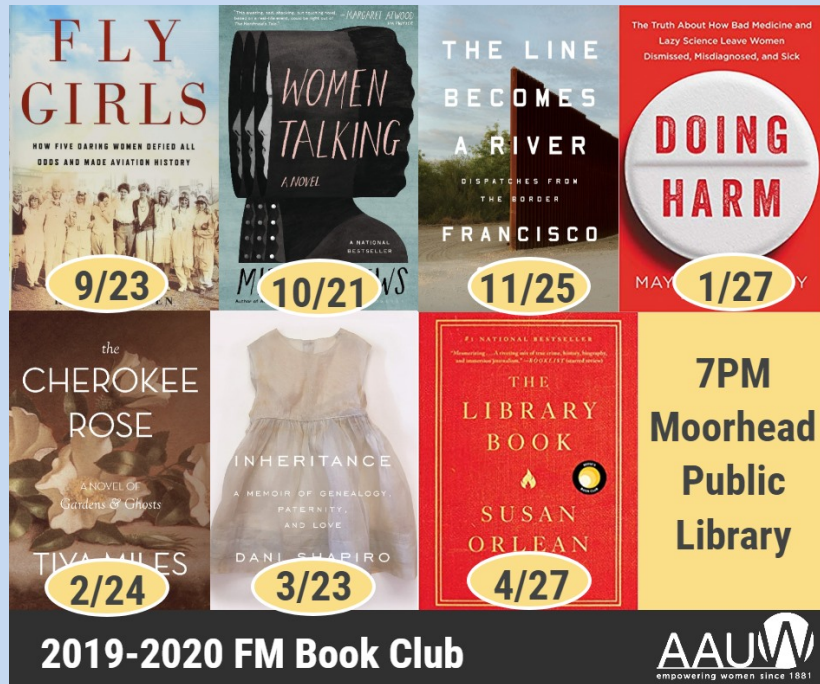
### May 2019

ND AAUW Annual Convention

Location: Fargo

## AAUW FM Book Club 2019-20

All meetings are held at 7:00 p.m. at the Moorhead Public Library. Books will be available for purchase at a discount at Zandbroz, downtown Fargo.



October 21	<p>Book: <i>Women Talking</i>, Miriam Toews</p> <p><i>Women Talking</i> is a novel based on a true story of men in a Mennonite Colony in Boliva in 2011 who anesthetized women and girls at night and sexually assaulted them. The story's focus is the victims' meeting to decide how to deal with the situation: Stay and Fight, Do Nothing, or Leave. Compounding the problems associated with any course of action are the illiteracy of the women, their general unpreparedness for dealing with such an issue, and reluctance to break the religious vows they adhere to. This is "Me Too" at a whole different level.</p> <p>Leader: Sara Lindberg</p>
November 25	<p>Book: <i>The Line Becomes a River</i>, Francisco Cantu</p> <p>Leader: Alice Christianson</p>
January 27	<p>Book: <i>Doing Harm: The Truth About How Bad Medicine and Lazy Science Leave Women Misdiagnosed and Sick</i>, Maya Dusenbery</p> <p>Discussion Leader: Verlaine Gullickson</p>
February 24	<p>Book: <i>Cherokee Rose</i>, Tiya Miles</p> <p>Discussion Leader: Lois Altenburg</p>
March 23	<p>Book: <i>The Inheritance: A Memoir of Genealogy, Paternity and Love</i>, Dani Shapiro</p> <p>Discussion Leader: Sandy Sidler</p>
April 27	<p>Book: <i>The Library Book</i>, Susan Orlean</p> <p>Discussion Leader: Noell Reinhiller</p>
May 18	<p>Selection of books for next year</p>

# Program Overview and Dates to Remember

## AAUW F-M 2019-20

Location and Time Details on our website calendar or Facebook events

<b>October</b>	<b>20-24</b>	<b>Book Sale drop off and sorting</b>
	<b>21</b>	<b>Book Club: <i>Women Talking</i>, Miriam Toews</b>
	<b>25</b>	<b>BrainSTEM for 7<sup>th</sup> graders</b>
	<b>25-26</b>	<b>Book Sale Scholarship Fundraiser</b>
	<b>31</b>	<b>Board Meeting Conference Call</b>
<b>November</b>	<b>12</b>	<b>Speaker: Challenges for Women in the Workplace</b>
	<b>20</b>	<b>Latinas' Equal Pay Day</b>
	<b>21</b>	<b>Board Meeting Conference Call</b>
	<b>25</b>	<b>Book Club: <i>The Line Becomes a River</i>, Francisco Cantu</b>
<b>December</b>	<b>9</b>	<b>Action: Climate Change</b>
	<b>19</b>	<b>Board Meeting Conference Call</b>
<b>January</b>	<b>?</b>	<b>FM Women's March</b>
	<b>25</b>	<b>Brunch speaker: 100-year anniversary of 19<sup>th</sup> amendment</b>
	<b>27</b>	<b>Book Club: <i>Doing Harm: The Truth About How Bad Medicine and Lazy Science Leave Women Misdiagnosed and Sick</i>, Maya Dusenbery</b>
	<b>30</b>	<b>Board Meeting Conference Call</b>
<b>February</b>	<b>10</b>	<b>Speaker: Missing and Murdered Indigenous Women</b>
	<b>24</b>	<b>Book Club: <i>Cherokee Rose</i>, Tiya Miles</b>
	<b>27</b>	<b>Board Meeting Conference Call</b>
<b>March</b>	<b>1</b>	<b>Dorothy Dodds (MSUM) &amp; Grace Hudson (NDSU) Scholarship applications due</b>
	<b>9</b>	<b>Action: MMIW</b>
	<b>23</b>	<b>Book Club: <i>The Inheritance: A Memoir of Genealogy, Paternity, and Love</i>, Dani Shapiro</b>
	<b>26</b>	<b>Board Meeting Conference Call</b>
<b>April</b>	<b>13</b>	<b>Action: Pay Equity</b>
	<b>27</b>	<b>Book Club: <i>The Library Book</i>, Susan Orlean</b>
	<b>30</b>	<b>Board Meeting Conference Call</b>
<b>May</b>	<b>?</b>	<b>ND AAUW Annual Convention in Fargo</b>
	<b>18</b>	<b>Book Club: book selection for next year</b>

Purple = Board (open to all)   Green = Book club   Blue = speaker (learn & plan)   Red = Action

Interested in joining or have an announcement for the newsletter?  
**Contact us!**

**F-M AAUW ELECTED OFFICERS**



Alexa Ducioame

President



Susan Helgeland

Immediate Past  
President



Amanda Savitt

President-elect



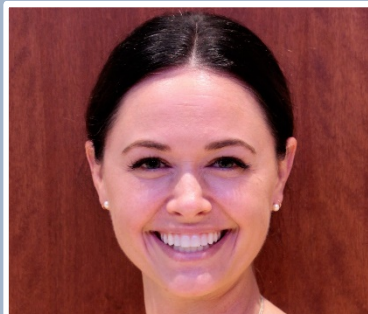
Deborah Nelson

Finance Officer



Kathleen Nelson

MN Membership



Bethany Reinhardt

ND Membership

**WEB SITES**

[www.fargo-nd.aauw.net](http://www.fargo-nd.aauw.net)  
[www.facebook.com/FMAAUW](https://www.facebook.com/FMAAUW)  
[www.aauw.org](http://www.aauw.org)

**AAUW Fargo-Moorhead Branch**

P.O. Box 10761  
Fargo, ND 58102  
farmoor.aauw@gmail.com