



Mission: Advancing equity for women and girls through advocacy, education, philanthropy, and research.

Fargo-Moorhead (F-M) Branch

President's Comments

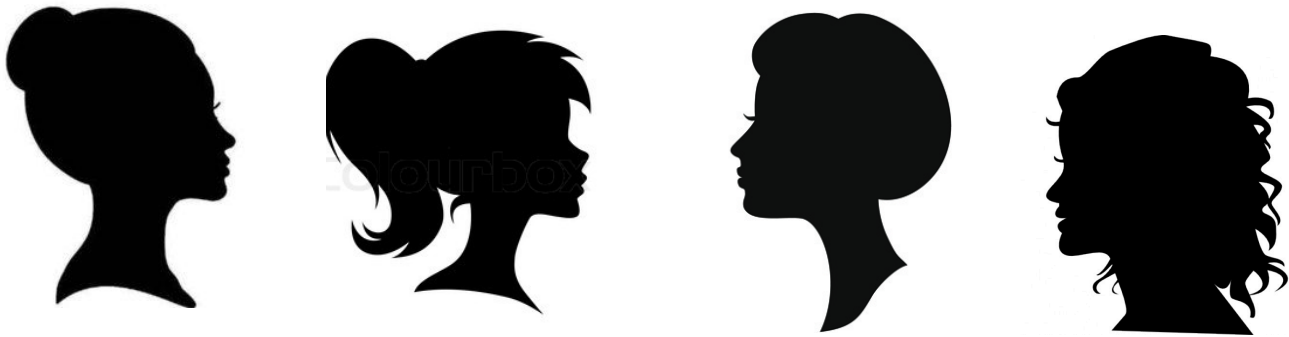
I am sorry to say that I will not be attending the April Affiliate meeting. I am going to be with family in SD for nine days over Easter. I am looking forward to my Spring Break but I know it will be another great meeting since our own Evelyn Quigley will present the program.

The program is on the very important topic to AAUW of Pay Equity. Evelyn Quigley of Fargo has spent 50 years as a full-time health care professional with a Bachelor's Degree in nursing from MSUM and a Master's Degree in Nursing Administration from the University of Washington, Seattle. She was employed at Sanford Health in many capacities including accountability for operations, patient care services and community engagement. She retired in 2015 but continues as Facilitator for a Stroke Survivor Group at Sanford. Evelyn has volunteered for numerous organizations in Fargo-Moorhead and currently is a supporter and advocate for the Jeremiah Program. Her favorite pastimes are reading, volunteering, cooking and entertaining. I hope you will attend.

The April meeting is on Monday April 10, 2017 at the Biltmore on Main, Fargo at 3800 Main Avenue. The social hour is from 5-6 pm, dinner from 6-6:45 pm business meeting from 6:45 – 7:15 pm and the program from 7:15 – 8 pm. Dinner is \$20 and includes the tip and rent for the room. If you want to come just for the program, just come at 7 pm. We would love to have you attend. Happy Spring.

Susan Rae Helgeland
F-M Branch President

2017-2018 BOARD MEMBERS



Have great ideas for the branch?

Want to get involved?

Elections for the 2017-2018 Board will take place at the May meeting. We are looking for members that are interested in taking a position. Holding a board position is rewarding and a great way for new members to get involved. If you are interested in a position, please let Liz Cambron know (773) 818-5863 liz.cambron@ndus.edu. Information of nominees will be sent out as soon as all positions have them.

Positions open are:

President-Elect

Secretary

Membership- ND representative

Our branch thrives because of its members! The current board will be mentoring all incoming members to ensure they are trained and transitioned into their role efficiently.

F-M AAUW BRANCH BUSINESS AGENDA

AAUW Mission Statement: Advancing equity for women and girls through advocacy, education, philanthropy, and research.

Call to Order and Welcome: Alexa Ducioame, President-Elect

Approval of Agenda: Changes, additions, or deletions

President's Comments:

Please join us for our annual meeting & potluck at the Moorhead Public Library May 8th.

Thank you to Sara Lindberg & Liz Cambron for putting together our latest newsletter feature to get to know members. The board is also thinking about hosting a few social events next year to help us get to know each other better.

March Affiliate Minutes Approval: Secretary Sara Lindberg (as printed)

Finance Officer: Liz Cambron

Continuing Business:

Jeremiah Program Volunteering

New Business:

Nominating Committee (Liz Cambron, Carol Sibley, and Juliann Garrett)

BrainSTEM

Membership: Liz Cambron

Public Policy: Sandy Sidler

Book Club: Jan Jackson

Announcements:

Adjourn.

March 13, 2017 AAUW Affiliate Meeting Minutes

Present: 27 members, guests, speakers

President Susan Helgeland welcomed all; the AAUW mission statement was recited. The meeting was called to order and the agenda was approved. Susan reminded members that all are welcome at monthly Board meetings; the April 1 meeting will be held at 10 a.m. at Moore Engineering. Guests were introduced. The April 9 program will be on “Pay Equity” with F-M AAUW member Eveyln Quigley as the speaker. Susan pointed out the new “Meet a Member” and Minnesota AAUW features in the newsletter.

The minutes of the February meeting were approved.

Liz Cambron distributed the Treasurer’s report showing a beginning balance of \$1176.15 and an ending balance of \$1174.15. \$500 will be sent to the Tri-College Leadership Conference, as budgeted.

As Chair of the Fundraising Committee, Liz asked for volunteers.

The Jeremiah Program will be needing volunteers soon. A sign-up sheet will be circulated at the April meeting. Joan Justeson announced a breakfast fundraising event for the Jeremiah Program will be held in April.

Susan encouraged social hour participants to be present at 5:45 in the dining room to provide a welcoming atmosphere for newcomers and members alike.

Public Policy Chair Sandy Sidler invited members to take advantage of the AAUW Action Network that will expedite messages to members of Congress via email. She also informed Pat Schutt, who will attend the National Convention in June, of the process to become registered to lobby Congress at that time.

Announcements included an event honoring the late Margaret Callsen at Concordia on March 29 at 7:30 in Barry Auditorium: “Mission-Driven Leadership for Women” with Dr. Mary Dana Hinton, President of College of St. Benedict; Book Club on March 27 at 7 p.m. at the Moorhead Public Library with a discussion of Being Mortal by Atul Gawande, MD; and the reduced cost of AAUW membership in March.

The meeting was adjourned.

Susan introduced Ruth Buffalo, whose presentation “Personal Accomplishments as a Female and Ethnic Minority” reflected her life’s journey as a member of the Mandan-Hidatsa-Arikara Tribe from

Mandaree on the Ft. Berthold Reservation through higher education and running for North Dakota Insurance Commissioner last November.

Ruth introduced her guest Hamida, from Kenya, who has lived in Fargo for six years, is a student at NDSU studying emergency management and international studies. She is also helping in the Somali immigrant community and has applied for U. S. citizenship.

Both Ruth and Hamida are graduates of the AAUW-sponsored Women's Leadership Conference.

Ruth Buffalo, whose Native name is Woman Appears, is a small business owner with her husband and the mother of a daughter 14, a son 10, and 2 year old twin foster children.

She gave some background on her heritage and traditions, both ancient and modern. Her tribe is matrilineal and clan-ship is passed on by females. Elder women are important in the upbringing of the young. When a person dies the male family steps in to take care of the last rites and practices, even to the preparation and serving of meals. The advantage of the clan system is the abundance of support for the family.

Ruth attended St. Mary's School in New England, ND, and after it closed she went to high school at Oak Grove in Fargo. She excelled in the classroom and sports and was the Oak Grove Homecoming Queen and was recently added to their Hall of Fame.

When Ruth was young she wanted to be a doctor, perhaps from a protective mode she learned from being a big sister at a summer program at UND. She later became involved in politics from a desire to improve things after seeing tragedy and poverty on the reservation. Some of the issues she is interested in are Indian health and safety, organizing against racism, and raising awareness of the changes needed in North Dakota. Currently in her Harvard School of Government online class she is focusing on increasing voter turnout in Native American communities and encouraging more American Indian women to run for office.

Although many problems face Native Americans in North Dakota, Ruth remains optimistic for the future. Her energy, compassion and determination will be a valuable asset for the state and its people.

Sara Lindberg
Secretary

AAUW Minnesota News

- The 2017 Minnesota State AAUW convention will be held in Willmar on April 28-29. We are recruiting delegates to attend to represent the Minnesota members of the FM affiliate. Many training sessions are planned covering marketing, leadership and funding AAUW programs. Our Moorhead affiliate is allowed 3 delegates. In the latest issue of the Minnesota Pine, there is extensive coverage of convention activities and a registration form. Registration is due on or before April 15th. Hotel accommodations will be at the Best Western Willmar. The hotel must be contacted directly and reservations made before April 7th. Hotel contact information and room rates are included at the bottom of the registration form. If you are interested in attending, please contact Susan Helgeland. As President of Fargo-Moorhead, she must certify attending delegates.
- AAUW has an advocacy tool entitled “AAUW in the Statehouse” on their website. AAUW uses this tool to track activities at the state level including issues of STEM, pay equity, paid sick leave and family leave. Governor Dayton was one of 12 governors who directly acknowledged women in his State of the State address in January. Unfortunately, no governor mentioned equal pay but the upside is that 6 states signed equal pay bills into law in 2016. Under that “take action” link on the AAUW website, members can become two-minute activist and sign up to get the “AAUW in the Statehouse” email.
- On Monday, April 10th, Rep. Marquart and Sen. Eken from Minnesota legislative district 4B and 4 respectively will be holding town meetings. The closest meetings to Moorhead are at 2 PM at the Dilworth City Hall, 4 PM at the Barnesville City Hall and 5:30 PM at the Hawley City Hall. This is a good opportunity to connect with our area legislators concerning issue important to AAUW.

Minnesota Winter Pine

<http://aauw-mn.aauw.net/files/2012/07/AAUW-MN-Winter-2017-Pine.pdf>

Meet an F-M AAUW Member

Margaret Schneider

Margaret Schneider of Fargo earned a Masters of Management degree from the University of Mary. She has worked in manufacturing, telemarketing, as an office manager, insurance agent, long arm quilter and Reiki master. She has been a member of F-M AAUW for a year and she is currently serving as Membership Chair. She believes the most important issue for AAUW to focus on is women's rights.

Margaret's interests are quilting, study and reading. The best books she's read this year are *The Library at Mount Char* by Scott Hawkins and *Theta Healing* by Vianna Stibal.

Margaret generously answered all of the optional questions on the survey:

- If you were the Queen of the World, what's the first thing you'd do? Declare women equal with men in rights and responsibilities.
- What's the best advice you've ever received? Trust yourself.
- What's the best advice you'd give to a young woman today? Trust yourself.
- If you were allowed to take one item with you to a deserted island, what would it be? My phone
- If you were giving a dinner party, what three famous people, living or dead, would you invite? Barak Obama, Gloria Steinem, and Eleanor Roosevelt.

Susan Larson

Susan Larson of Glyndon, Minnesota, has a B.A. degree in Psychology from the University of Manitoba and a Ph.D. in Experimental Psychology from McMaster University, Hamilton, Ontario, Canada. She completed a one year postdoctoral fellowship at Louisiana State University Medical Center. She is currently a Professor in the Psychology Department and Division Chair of Sciences and Mathematics at Concordia College.

Her hobbies are curling, gardening and traveling. She has been an AAUW member for three years and thinks the most important issue for AAUW to focus on is education—access and equity. Susan is happy to participate in AAUW meetings and activities such as the book sale. More possibilities in the area of education and STEM would be welcome.

The best advice she would give to a young woman today is, "Figure out what gives you energy, and do that." This is advice that Susan was given and it has helped her determine what activities to say yes to and which to say no. "There is always a lot that can be done, so do the things you are passionate about and that energize you."

ANNOUNCEMENTS

Welcome New Members!

Let's welcome the following new members to our branch! We're excited that you joined and can't wait for all that you'll bring our group and organization!

Amanda Savitt
Katy Tellinghuisen
Monica Anderson-Berdal
Romayne Kilde
Nancy Johnson
Courtney Schaff

Welcome back Joan Justesen!

AAUW BOOK CLUB

2016-17

All meetings are held at 7 p.m. at the Moorhead Public Library

April 24	<i>Indian Bride,</i> Karin Fossum
May 22	Book Selection for next year



- 1st Woman elected to Congress 100 years ago
- Rape Culture PSA
- ND Annual Meeting 4/21-22 in Wahpeton
- US Women's Hockey Team Fair Pay
- Photos from our March meeting
- First Feminist Friday article
- 2017 Women of the Year Nominees
- AAUW gender bias video
- International Women's Day Google Doodle
- Lack of children's books with female characters

F-M AAUW 2016-17 PROGRAMS & DATES TO REMEMBER

April 10	“Pay Equity” Speaker: Evelyn Quigley, F-M AAUW
May 8	F-M AAUW Annual Meeting and Potluck, Moorhead Public Library

The public is welcome to attend our meetings. The format is 5-6 p.m. Social Hour; 6-6:45 p.m. Dinner; 6:45-7:15 Business Meeting; 7:15-8 p.m. Program

Important Dates to Remember

- Membership Renewal by June 30th. Invoices will be given at the April meeting.
- MN State Convention April 28-29

Interested in joining or have an announcement for the newsletter? Contact us!



F-M AAUW ELECTED OFFICERS

Susan Helgeland, President
Alexa Ducioame, Vice President
Sara Lindberg, Secretary
Liz Cambron, Treasurer
Margaret Schneider, Membership Chair

WEB SITES

www.fargo-nd.aauw.net
www.facebook.com/FMAAUW
www.aauw.org

AAUW Fargo-Moorhead Branch

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