



Mission: Advancing equity for women and girls through advocacy, education, philanthropy, and research.

Fargo-Moorhead (F-M) Branch

President's Comments

We have a great Branch program planned for you on Monday, December 12, 2016 at the Biltmore Inn, 3800 Main Avenue, Fargo. Parking on the East Side and enter the East doors of the Biltmore Inn. Social Hour begins at 5 pm, followed by dinner from 6-6:45 pm, Business Meeting from 6:45-7:15 pm and the Program from 7:15 – 8 pm.

Our special December Program will be presented by Pastor Sue Koesterman. She is a native of the Fargo/Moorhead area. She graduated from MSUM in Moorhead with a BA in Philosophy prior to attending Luther Seminary in St Paul MN, graduating with a Masters in Divinity in 2006. Pastor Sue served as pastor at Elim Lutheran Church in downtown Fargo for 10 years prior to taking her current call as Executive Director at Churches United for the Homeless in Moorhead. She worked closely with others in the community to establish the FM Sheltering Churches Project, which is now in its 6th season of providing emergency overnight winter shelter in church buildings. Pastor Sue resides in Moorhead with her husband, Mike. Together they have raised five children. In recent years they have been blessed with three grandchildren, all of whom live in the FM community!

We usually donate to our speaker's organization in December. I asked Pastor Sue to give us a needs list for the Churches united for the Homeless and she provided the following information: "The greatest need for the Sheltering Churches Project continues to be monetary donations to defray the cost of transportation and laundry. Winter weather gear is also a constant need: men's coats (large and extra-large), hats, gloves, boots, and long- underwear (large and extra-large). Hand warmers are appreciated by those who work or wait outside.

Hope to see you at our December F-M AAUW Branch Meeting.

Susan Rae Helgeland
F-M Branch President



F-M AAUW BRANCH BUSINESS AGENDA

December 12, 2016 - 6:45 to 7:15 pm

Biltmore Inn, Fargo

AAUW Mission Statement: Advancing equity for women and girls through advocacy, education, philanthropy and research.

Call to Order and Welcome: Susan Rae Helgeland, President

Approval of Agenda: (additions, deletions, changes).

President's Comments: January program – Saturday, January 14, 2017 Saturday Brunch featuring Dr. Ashley Baggett presenting “Women’s Movement 1950-70.

Approval of November Branch Minutes: Secretary Sara Lindberg.

Financial Report: Finance Officer - Liz Cambron (as printed).

Continuing Business:

Use of Business Cards (Alexa); Need for F-M AAUW Newsletter Editor (Liz)

New Business: Introduction of Fund Raising Committee – Liz Cambron

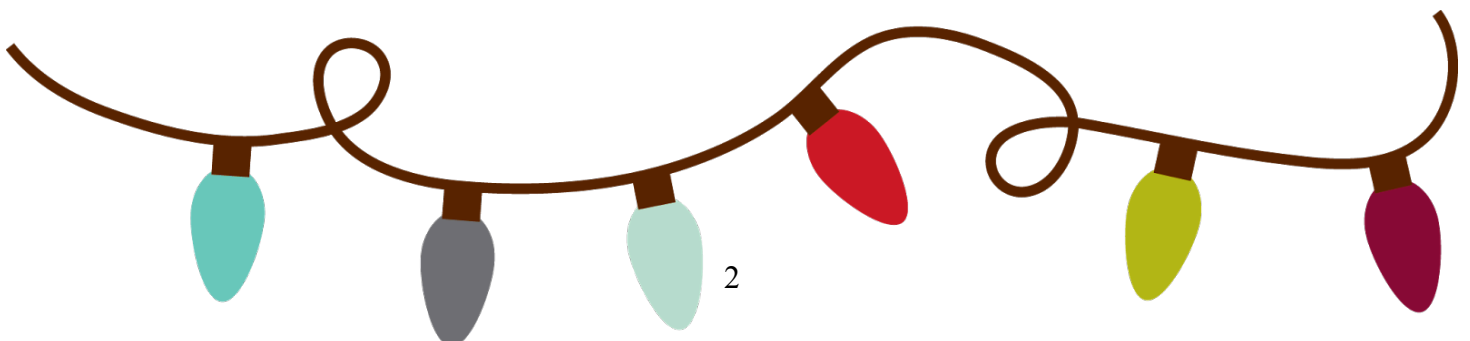
Public Policy: Chair, Sandy Sidler.

Membership Committee: Acting Chair Margaret Schneider

Book Club: Chair Jan Jackson.

Announcements:

Adjourn:



November 2016 Branch Meeting Minutes

Present: 18 members, 1 speaker, 1 guest, 2 members of the public

President Susan Helgeland called the meeting to order and introduced a guest, Bonnie Klein. The agenda was approved.

All members repeated the AAUW mission statement: “Advancing equity for women and girls through advocacy, education, philanthropy and research.”

President Helgeland announced the December program will present Sue Koesterman speaking on the Sheltering Churches Project. She also reported that the Branch’s post office box is #10761, zip code 58102. She thanked the Book Sale Co-Chairs Liz Cambron and Noell Reinhiller for their efforts in a successful sale.

Janet Miller moved and Evelyn Quigley seconded that the October minutes be approved. The motion carried.

The Financial Report showed a beginning balance of \$1289.92 and ending balance of \$3559.21. The report will be filed for audit.

Alexa Ducioame reported that Lindsey Lipp, a PhD student at NDSU, will be the Social Media Chair next year, maintaining the Branch website and Facebook. A newsletter editor is still needed to assume the duties of Liz Cambron. Alexa also announced that the FM AAUW business cards have been printed to hand out to interested persons at Feminist First Friday and other occasions. Susan will bring the cards to the next meeting for distribution to all members.

Public Policy Chair Sandy Sidler encouraged all members to subscribe to the AAUW Washington Update and gave information on the post-election conference call. She also noted the Planned Parenthood program, “Progress on the Prairie,” Wendy Davis, speaker, November 29 at 5:30 p.m. at Ecce.

Jan Jackson reminded members of the AAUW Book Club discussion of *The Immortal Irishman* by Timothy Egan on November 28 at 7 p.m. at the Moorhead Public Library.

Book Sale Co-Chair Noell Reinhiller gave a summary of the efforts for this fundraiser, which earned \$2768.54, with \$474.25 in expenses, leaving a total of \$2294.29 for distribution to: AAUW Fellowships \$1147.15 (50%), Grace Hudson Scholarship at NDSU \$458.85 (20%), Dorothy Dodds Scholarship at MSUM (20%), and Branch treasury \$229.43 (10%). The Branch also received \$50 from the sale of artwork. Noell acknowledged all of the volunteers who participated in sorting and the sale and presented Verlaine Gullickson with an AAUW coffee mug for her many hours of

organizing, working and sign-making. Noell is updating the Book Sale notes and supply inventory to help future sales committees and workers.

Announcements:

The Board decided to remain at the Biltmore for Branch meetings in February, March and April, with the \$20 meal option, covering food, tax, tip and room rent.

Ruth Stefonowicz announced an AARP meeting on December 1 to discuss the legislative session at the Cambria Hotel.

The meeting was adjourned.

Susan Helgeland introduced the program speaker, Kathy Hogan, Chair of the ND Interim Human Services Committee, who focused on the Behavioral Health issue.

Ms. Hogan began by defining behavioral health as a state of mental /emotional being and/or choices and actions that affect wellness, such as illness, addiction, or depression. She reported that 140,000 adults in ND in 2013 had diagnosable behavioral illness or addictions but fewer than 10% of them were receiving services. One-third of the ambulance calls in the Fargo-Moorhead area are behavioral health related. There were 133 suicides in F-M in 2014 and suicide is now more deadly than automobile accidents for people ages 15-24. Substance abuse is involved in one half of car accidents and in 70% of incarcerations.

Six bills will be recommended to the legislature by the Human Services Committee:

#1 Extend the holding period for serious conditions, require minimum of 8 hours of mental health training for teachers and administrators, require training for early childhood service providers, create a children's behavioral health task force.

#2 Funding bill for education, prevention, database, family support services

#3 Organizational changes for the administration of behavioral health programs

#4 Add gambling, tobacco, nicotine or other harmful substances or behavior to

the definition of addiction counseling.

#5 Amend the ND Constitution to remove the requirement of the state hospital to be located in Jamestown.

#6 Change statutory references for mental health professionals to a tiered system.

Ms. Hogan also discussed Minnesota initiatives in the behavioral health field and mentioned three Cass/Clay programs that are collaborative efforts: Re-Think Mental Health of Cass/Clay which offers a common screening process; Mayors' Blue Ribbon Commission on Substance Abuse with an electronic notification of prescribing opioids in four cities; and the Cass Clay United Way Homeless Navigator program which has a no reject policy.

The passage of the medical marijuana measure in the recent election was the main subject of the Q & A period. Many thanks to Kathy Hogan for her extensive knowledge and experience, and for her membership in F-M AAUW.

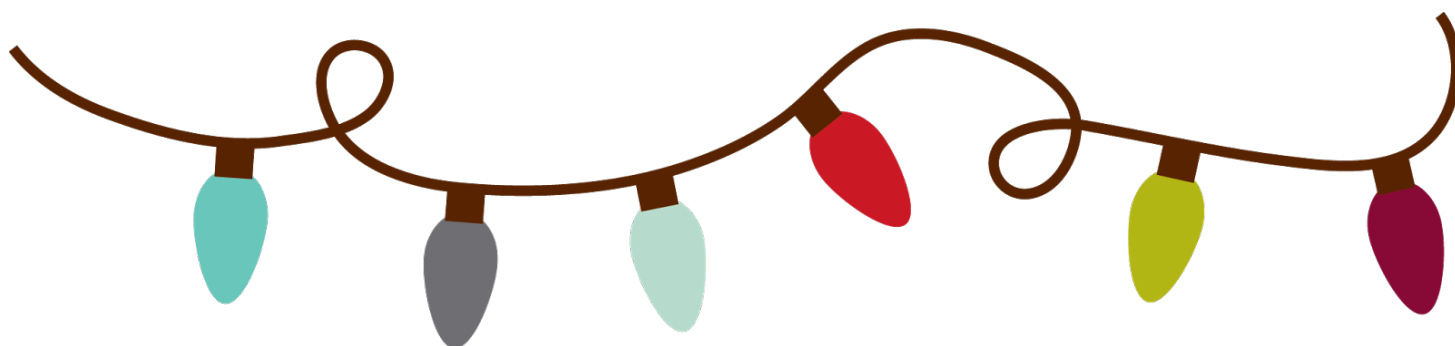
Sara Lindberg, Secretary



F-M AAUW 2016-17 PROGRAMS & DATES TO REMEMBER

December 12	“Sheltering Churches Project” Speaker: Sue Koesterman, Churches United
January 14 Saturday Brunch 10 a.m.	“Lived Experience of the Women’s Movement in the 1950’s, 60’s & 70’s” Speaker: Ashley Baggett, NDSU History Department
February 13	“Experience of Parents Raising Transgender & Gender Creative Children” Speaker: Kristen Benson, Human Development & Family Science Dept, NDSU
March 13	“Personal Accomplishments as a Female & Ethnic Minority” Speaker: Ruth Buffalo, Mandaree, ND
April 10	“Pay Equity” Speaker: Evelyn Quigley, F-M AAUW
May 8	F-M AAUW Annual Meeting and Potluck, Moorhead Public Library

The public is welcome to attend our meetings. The format is 5-6 p.m. Social Hour; 6-6:45 p.m. Dinner; 6:45-7:15 Business Meeting; 7:15-8 p.m. Program



Calling all members!

The finance officer is organizing a fundraising committee to start in January. If you have any experience or would like to get more involved with the branch, this is a great opportunity! As of now our only fundraiser is our annual used book sale. With more events and ways to raise money for our branch, we could possibly increase our scholarship contributions and have funding for more events in our community!

Those interested please let the finance officer know at the branch meeting or contact her directly Liz Cambron
(773) 818-5863
liz.cambron@ndsu.edu



Announcements

AAUW BOOK CLUB 2016-17	
All meetings are held at 7 p.m. at the Moorhead Public Library	
January 23	<i>Notorious RBG (Ruth Bader Ginsburg)</i> Carmin & Kwizhnik
February 27	<i>Uprising</i> , Sally Armstrong
March 27	<i>Being Mortal</i> , Atul Gawande, MD
April 24	<i>Indian Bride</i> , Karin Fossum
May 22	Book Selection for next year

facebook® Update

- 17 badass women in 2016
- Model recreates fashion ads to point out lack of diversity
- Robert F. Kennedy Ripple of Hope quote
- Moorhead 2nd Ward got 15 applicants for City Council
- FMWF Chamber on breastfeeding at work
- Giving Tuesday
- United Way 35 under 35 class announced
- Miss Minnesota pageant teen is 1st to wear burkini
- Good Night Stories for Rebel Girls
- Soroptomist Fargo is selling pecans
- AAUW's statement on Trump's cabinet
- 15 important jobs women have yet to hold in the US
- Pictures from our last branch meeting
- AAUW's message to congress about STEM



Interested in joining or have an announcement for the newsletter? Contact us!



F-M AAUW ELECTED OFFICERS

Susan Helgeland, President 701-391-8824 or srhelgeland@gmail.com

Alexa Ducioame, Vice President

Sara Lindberg, Secretary

Liz Cambron, Treasurer, Newsletter Editor, Campus liason, liz.cambron@ndsu.edu

Margaret Schneider, Membership Chair 2180779-6145 or margaret.schneider86@yahoo.com

WEB SITES

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